

Sun

Mon

Tue

Wed

Thu

Fri

Sat



Reflections




SILVERCREST
PROMOTING WELLNESS FOR A VIBRANT LIFE

			1 10:30 Exercise—L 11:30 Bistro Lunch Group 1 1:30 Piano Music-L 2:30 Crafts-L 6:30 Sing-a-long—S	2 10:30 Scrapbooking-L 1:30 Exercise-L 2:30 Decorate Activity Board-L 6:30 Movie & Snack-L	3 10:30 Exercise—L 1:30 Ladies Tea-B 2:30 Spa Day with Vahida 7:00 Movie Night—L	4 10:30 Piano with Edina-L 3:30 Charades with Sue-L 7:00 Lawrence Welk
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5 *9:45 Catholic Communion—CH *1:30 Church Service—CH 3:00 Old Time Music—S 5:00 Super Bowl Party-L	6 10:30 M&M Mondays-RR 1:30 Exercise-L 2:30 Cards with Jim—L 3:00 Crosswords 6:30 Comedy Night-L	7 Valentine's Day Card Making 10:30 Bible Study with Jamie and Barb—S 1:30 Piano Music-L 2:30 Birthday Party-D 7:00 Bingo—L	8 10:30 Exercise—L 11:30 Bistro Lunch Group 2 1:30 Piano Music-L 2:30 Crafts-L 6:30 Sing-a-long—S	9 10:30 Baking with Ray—D 1:30 Exercise-L 2:30 Valentine's with Teena—L 6:30 Bingo	10 10:30 Ladies Tea—B 1:30 Exercise-L 2:30 Spa Day with Vahida 7:00 Fat Cat—T	11 10:30 Bowling with Esther- L 3:30 Pictionary with Nadia -L 7:00 Lawrence Welk
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12 *9:45 Catholic Communion—CH *1:30 Church Service—CH 3:00 Old Time Music—S	13 10:30 M&M Mondays-RR 1:30 Exercise-L 2:30 Cards with Jim—L 3:00 Word Games 6:30 Comedy Night-L	14 Valentine's Day 10:30 Bible Study with Jamie and Barb—S 1:30 Exercise-L 2:30 Valentine's Day Party- D 7:00 Bingo—L 	15 10:30 Exercise—L 11:30 Bistro Lunch Group 3 1:30 Piano Music-L 2:30 Crafts-L 6:30 Sing-a-long—S	16 10:30 Scrapbooking-L 1:30 Exercise-L 2:30 National Bird Month 5:30 Family Night: Pizza & Romantic Comedy	17 10:30 Ladies Tea—B 1:30 Exercise-L 2:30 Spa Day with Vahida 7:00 Movie Night—L	18 10:30 Singing with Miranda-L 3:30 Hangman with Sue-L 7:00 Lawrence Welk
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19 *9:45 Catholic Communion—CH *1:30 Church Service—CH 3:00 Old Time Music—S	20 10:30 M&M Mondays-RR 1:30 Exercise-L 2:30 Cherry Pie & Ice Cream Social 2:30 Cards with Jim—L 3:00 Crosswords	21 10:30 Bible Study with Jamie and Barb—S 1:30 Exercise-L 3:30 Music with Helene-L 7:00 Bingo—L	22 10:30 Exercise—L 11:30 Bistro Lunch Group 4 1:30 Piano Music-L 2:30 Crafts-L 6:30 Sing-a-long—S PODIATRY	23 10:30 Baking with Ray-D *11:00 Gino's Restaurant- O 1:30 Exercise-L 2:30 Reminiscing-L 6:30 Bingo-L	24 10:30 Ladies Tea—B 1:30 Exercise-L 2:30 Spa Day with Vahida 7:00 Movie Night—L	25 10:30 Bowling with Esther- L 3:30 Jeopardy with Nadia- L 7:00 Lawrence Welk
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26 *9:45 Catholic Communion—CH *1:30 Church Service—CH 3:00 Old Time Music—S	27 10:30 M&M Mondays-RR 1:30 Exercise-L 2:30 Cards with Jim—L 3:00 Crosswords 6:30 Comedy Night-L	28 10:30 Bible Study with Jamie and Barb—S 1:30 Exercise-L 2:30 National Potato Month Celebration-D *7:00 Sacred Heart Sax & Brass Band-T	29 10:30 Exercise—L 11:30 Bistro Lunch Group 1 1:30 Piano Music-L 2:30 Crafts-L 6:30 Sing-a-long—S	Room Key: CH-Chapel D-Dining Room L-Living Room O-Outing RR-Resident Room S-Sunroom T-Theater	<h2>February 2012</h2>  <p>An asterisk (*) signifies that the event occurs at Walnut Ridge, but outside of the Reflections Neighborhood. Activities are subject to change as needed.</p>	
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